Sample letter or email to recruit team members: (Edit, Copy and paste this wording into your letters or emails)

Dear Friends and Family,

I just recently decided to participate in the Walk MS and I'm inviting you to join my team!

Participating in Walk MS means a lot to me, I am walking to create a world free of MS and I want you to join me. By joining my team, you will be signing up not just for a day of fun, but also for a celebration of the great things we can achieve when working together for a common cause.

I am signed up as the captain of Team_____ at _____ Walk MS location on May ___, 2014.

It's easy to join my team, just visit this website and join my team. Help me reach the team goal of $_____.

Don't hesitate to call me at _____ or email me at _____ if you have any questions. If you can't join the team, consider making a donation to me. Just Click here to e-pledge me.

Thank you!

P.S. If you would like more information about the National Multiple Sclerosis Society, how proceeds from the Walk MS are used, or the other ways you can get involved in the fight against MS, please visit: www.nationalmssociety.org